



World's Kip Champions, Chinstrap Penguins

Nesting season
Snooze specialists,
Chinstrap penguins
King George Island
Antarctica,
Mysterious micro-sleepers!

Eleven hours
Daily rest,
Four second dozes,
Ten thousand times
Day and night,
Every twenty-four hours.

Orcas
Leopard seals
Brown Skuas
Giant Petrels
Sheathbills,
Predator adaptations,
Time-tested
Micro-naps.
Unbroken wilderness!
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Agitate. Disrupt. Defend.